

Please refer to the [Parent page](#), under general information web page for all file copies and schedules.

Dear Parents/Guardians:

Bus Stop: Bus No: Unit:

Welcome to the **Spring Day Program - "Get in the Picture @ Camp Winona"** sponsored by the Girl Scout Council of the Nation's Capital. As you know the camp program will run **April 6-9**, from 8:30am to 3:15pm. We hope that your daughter will enjoy her time with us and all the fun things we have planned. Our goal is, first and foremost, to have fun. The girls will also experience some of the Girl Scouting program options available in Calvert, Charles, and St. Mary's Counties.

LUNCH - bring a bagged lunch with a non-breakable drink every day, except on ice skating day (pizza lunch provided at rink). Daisies need to bring lunch daily as they are not going skating. Lunches may or not be kept in coolers, so do not pack something that will spoil easily (ex. meat, mayonnaise). Label lunch and drink with child's *name* on each item and place in a plastic bag (paper bags fall apart when wet).

Program Emergency Contact: If camp is modified as a result of severe weather or a local emergency situation, the Council will put a notice on their web page at www.gscnc.org.

Camp Office and First Aid station will be at Cafritz Lodge-new dining hall on right, If in an emergency, you can call the DC Council office & they will contact camp: **800-523-7898** or the Area A Council office in Waldorf at **800-834-1702**.

Medication - If your child needs to take OTC (over the counter) medicines at camp, (ex. Tylenol, Aspirin, Ibuprofen, Midol, Benedryl, etc) you will need to send the medicine in original OTC container marked with child's name. A Parent/Guardian's permission statement for the medicine is also required. Permissions and medicines will be turned over to the camp first-aider. Inhalers and Epi-pens may be carried with the child, if permission slip states this. The form is found at the council website at:

[<http://www.gscnc.org/files/pdf/camping/summerdayandevening/Medication%20Permission%20Form%202009.pdf>]

Weather - Camp goes rain or shine. Tents and lodges are available at camp for shelter. Camp will not be closed, open late, or close early due to rain or snow (unless totally unsafe to travel on icy roads).

Check-in and Check-out - Please send a note with name and unit number to camp, if your child will be leaving early any day. If you pick your child up early or arrive late, you must drop her off/pick her up at the Camp Office and sign her in or out. Keep in mind field trips, as unit/child may not be at camp when you expect. Adult volunteers must sign in/out there also, if arrive late or leave early.

Camp Kapers - Each unit performs camp kapers, or chores, on a daily basis. Kapers are done in units with counselors helping. Kapers could include: a flag ceremony, litter pick-up, sweeping, bathroom check, gathering supplies, or lunch clean up. All jobs are age appropriate and use proper safety equipment.

Unit Pictures - Each child will receive 1 unit picture on the last day of camp.

How should I dress for camp? You should come to camp dressed to protect yourself and be comfortable to have fun. Warning: there is a lot of mud at camp due to winter construction.

- **Long Pants or Shorts** - should cover your bottom when sitting or standing.
- **Hat** or bandana - head covered while outside (sun and woods), but not required in a lodge.
- **Shirts** - must have some type of sleeve. NO halter, midriffs, sleeveless, or thin straps. (t-shirts are perfect)
- **Socks** - must be worn at all times and cover the ankle
- **Shoes** - must be closed-toe, such as tennis or walking shoes. NO sandals, flip-flops, heeilies, clogs, or jellies. Warning: ground is muddy.

Transportation - Bus drivers have a schedule they must adhere to and cannot wait at a stop. It is your responsibility to make sure someone is at your stop at the appointed time to drop off and pick up your child. Please remain with your daughter until the bus arrives and she is safely loaded. Attendance lists

have gone to the bus company, which will also be used by the Bus Stop Monitors to check off your child prior to bus arrival.

What should I bring to Camp?

Put your NAME on everything. Ask yourself, "Do I want this back?" You must also make sure that the camper can carry ALL of her OWN gear and supplies at camp. We do not provide carry service! Practice carrying items at home, if unsure.

Bring on Monday only. All items found at <http://www.campsomd.org/spring-camp/parents.htm>

- Medication Permission Form and labeled medicine, if needed.
- Name tag - attach above waist

PLEASE, bring the following items to camp every day:

- Water bottle (supplied by camp on Monday)
- Lunch with non-perishable food & drink
- Hat to wear outside for sun
- Bandana (supplied by camp on Monday)
- Rain gear - (If the weather is calling for rain) - something to keep you dry, in case of rain (poncho, large trash bag, raincoat, jacket with hood, etc.)
- Bag or old backpack - to put all items in to carry at camp

Items to wear/bring for Ice Skating:

- Warmer clothes: jacket, gloves, long pants. Ice is 15°

Items to wear/bring for Swimming:

- swim suit, towel, underwear (if wore suit to camp), hair comb/brush

Items to wear/bring for Teen horse riding:

- fitted slacks - should not be baggy to catch on stirrups
- Vendor release form-bring on Monday if you are missing this. Will not go riding without it.

Optional Items: your responsibility if lost or broken.

- Camera

Other items of interest

Special Days at Camp

Thursday-GS pinning ceremony - The Daisy and Brownie ceremony is scheduled in the morning after flag. The Junior and Teen ceremony is afternoon at the Cafritz Lodge. Each one will last 45-1 hr and parents are welcome to attend, but parking is limited.

Lost and Found - All Items will be in the "Lost and Found Box" in the camp office until camp is closed out on Wednesday afternoon. Items will be shown daily at closing flag. After camp is over, items are gone! Check your child's things daily to be sure he/she brings it all home! Camp is not responsible for lost or broken items.

No-No's - No money, jewelry (ear rings, necklaces, bracelets, rings, chains), glass, aerosol sprays, electric items, electronic games, pagers, cell phones, tape & CD players, or iPods at camp. Camp is not the place for these items. Don't send it with or on your child.

Photo Disclosure:

Indication of permission for council photo use authorizes pictures taken by council representatives for possible use on the council website, council camp specific websites if applicable and other council promotional materials. This permission however, does not regulate for the use of photos taken by campers

or teen aides. Please be aware that photos taken by campers or teen aides are for their intended personal use and cannot be controlled by council.

All campers will remain at camp unless a field trip is scheduled. The following chart is a schedule of the week's activities:

Monday: Juniors and Teens - eat pizza lunch at ice skate rink
Capital Clubhouse; Waldorf, MD (10:45 a.m. to 2:20p.m.)

Tuesday: Brownies - eat pizza lunch at ice skate rink
Capital Clubhouse; Waldorf, MD (10:45 a.m. to 2:20p.m.)

Thursday: Teens have a cook off at camp

**See you at camp,
Lonna Siskind, Day Camp Director**

